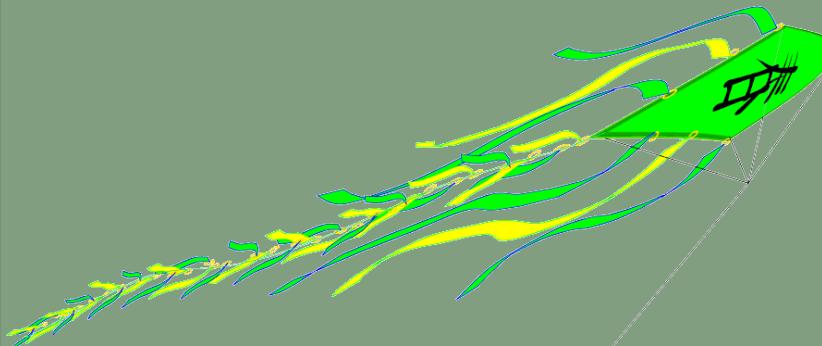




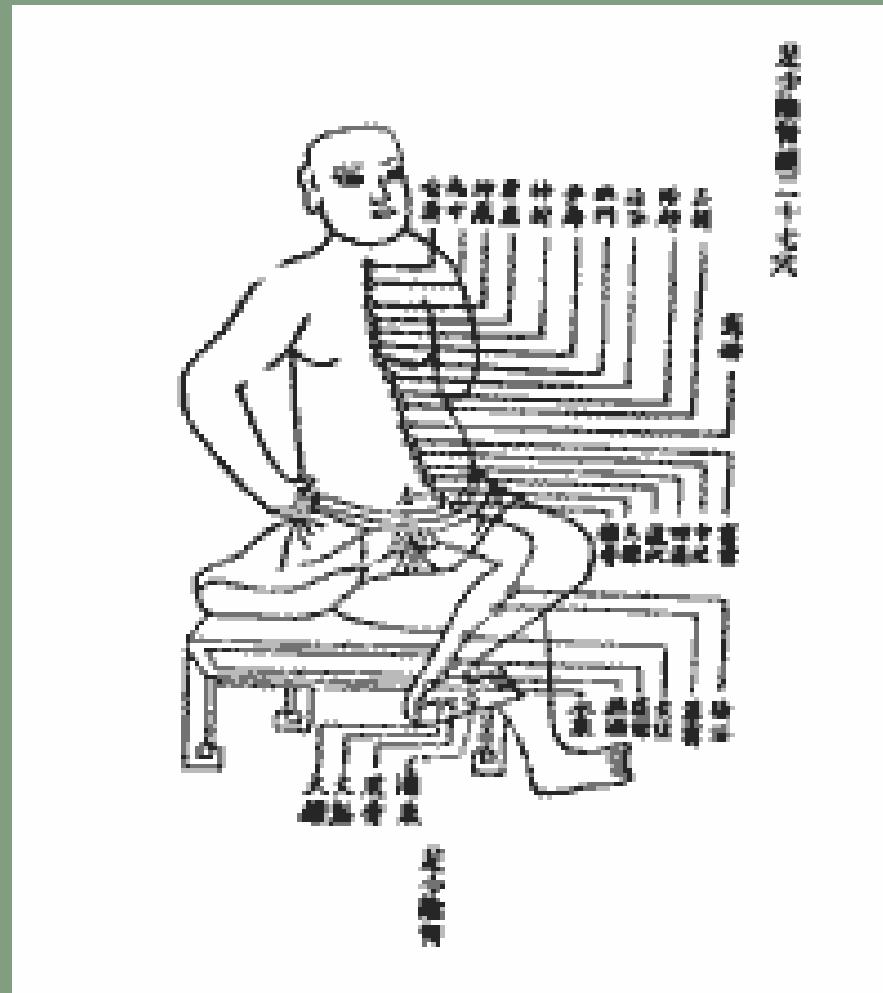
Acupuncture in Family Medicine

Do You Get The Point?

Lt Col Lewis A. Hofmann,
MD
White House Physician
Washington, DC



- ◆ History and Development
- ◆ Classical Principles
- ◆ Modern Thoughts
- ◆ Introduction to Uses
- ◆ The Acupuncture Treatment



Chinese Medicine



Huang Di Nei Jing



Nan Jing



Zhen Jiu Da Cheng

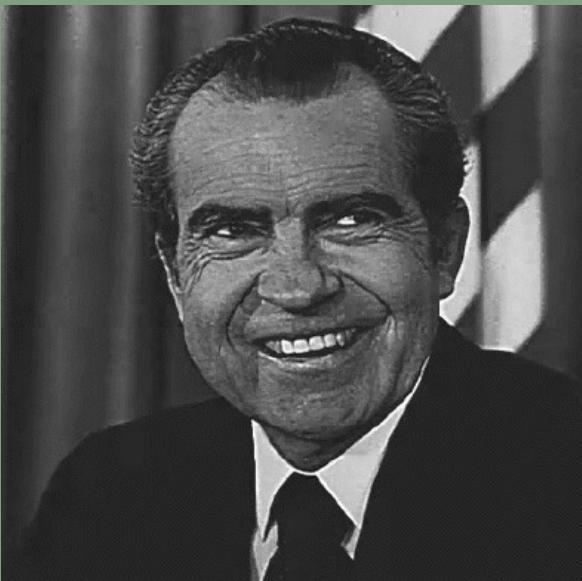


Western Beginnings



George
Soulie de
Morant

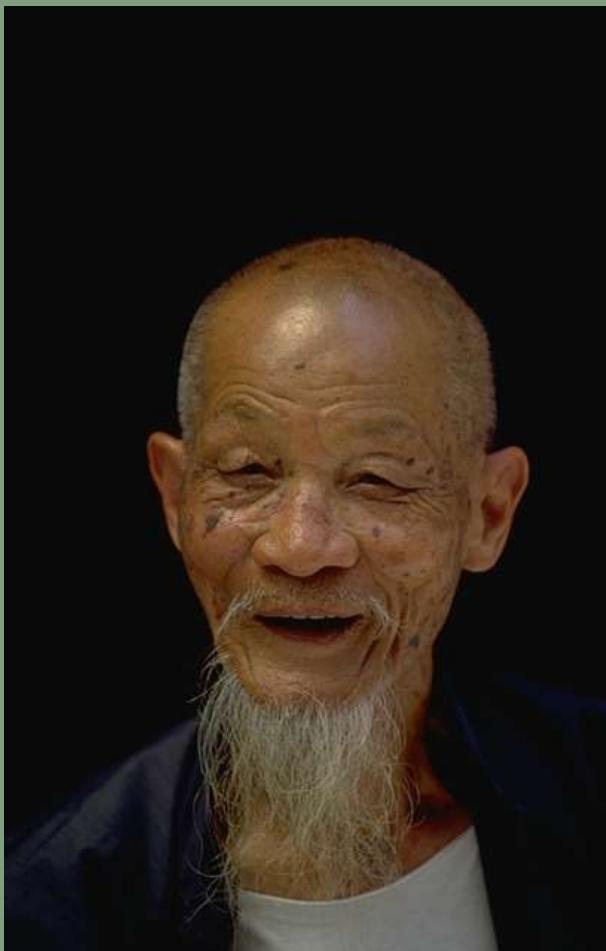




- ◆ 1992 - NIH Office of Alternative Medicine
- ◆ 1996 - WHO
- ◆ 1997 - NIH Consensus Development Conference



Classical Concepts



Yin and
Yang

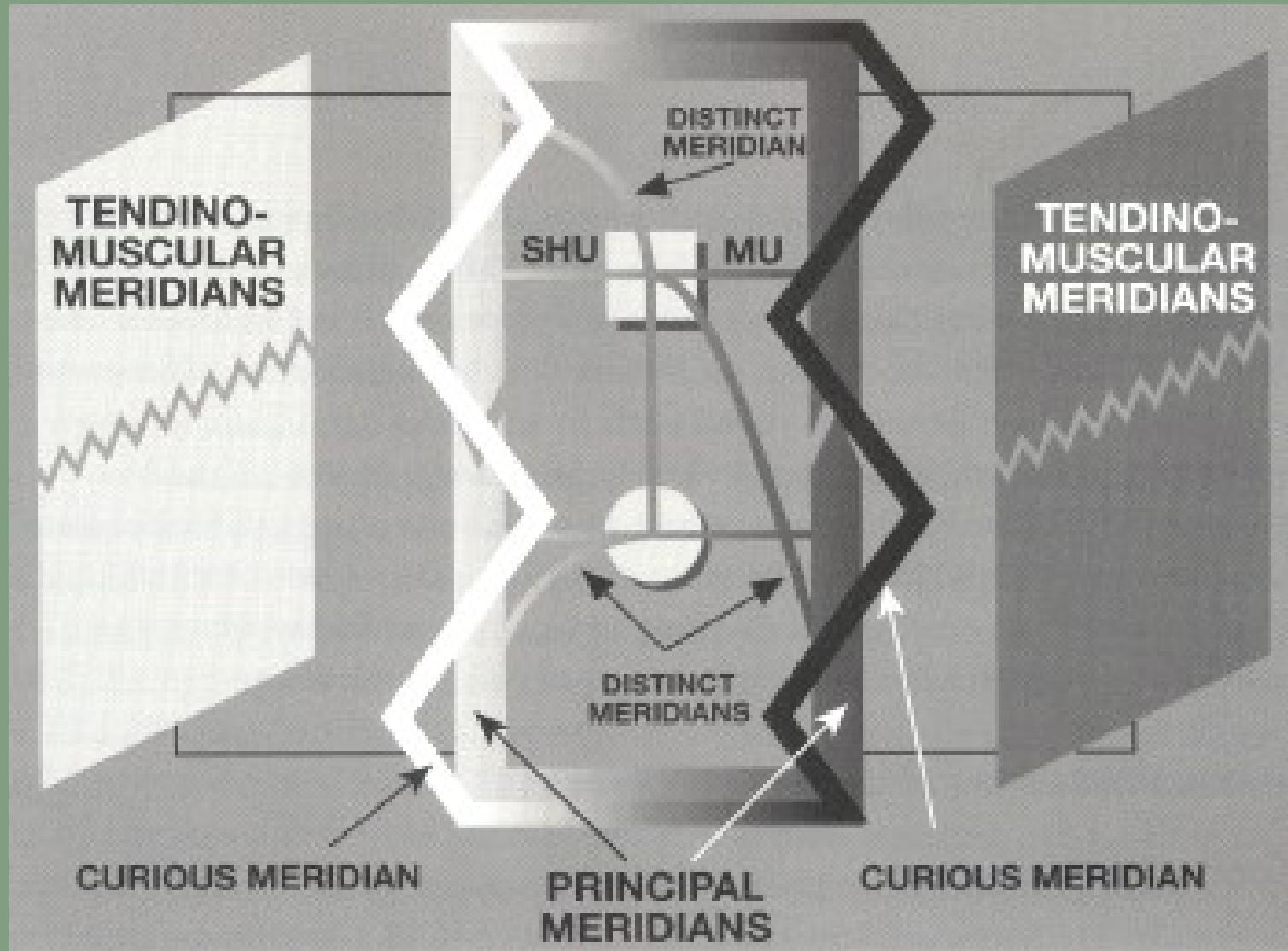
Acupuncture Anatomy

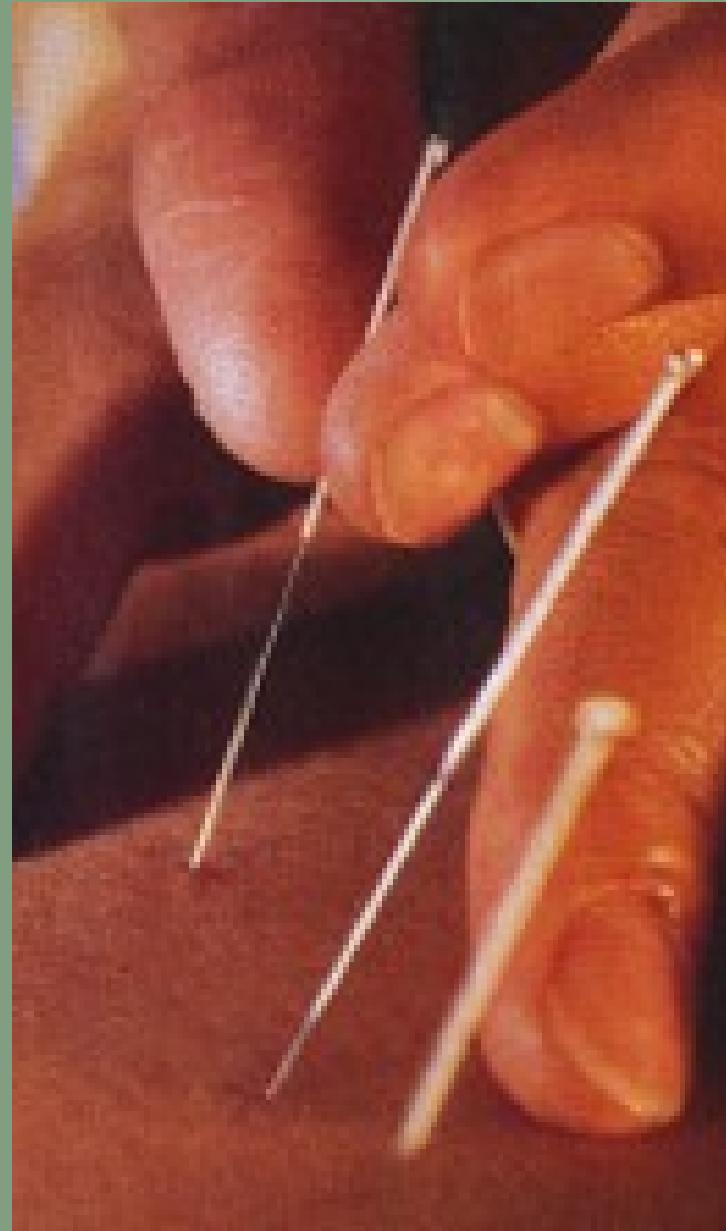




Energy Pathways

- ◆ Tendinomuscular Meridians
- ◆ Principal Meridians
- ◆ Distinct Meridians
- ◆ Shu-Mu Subsystem
- ◆ Curious Meridians







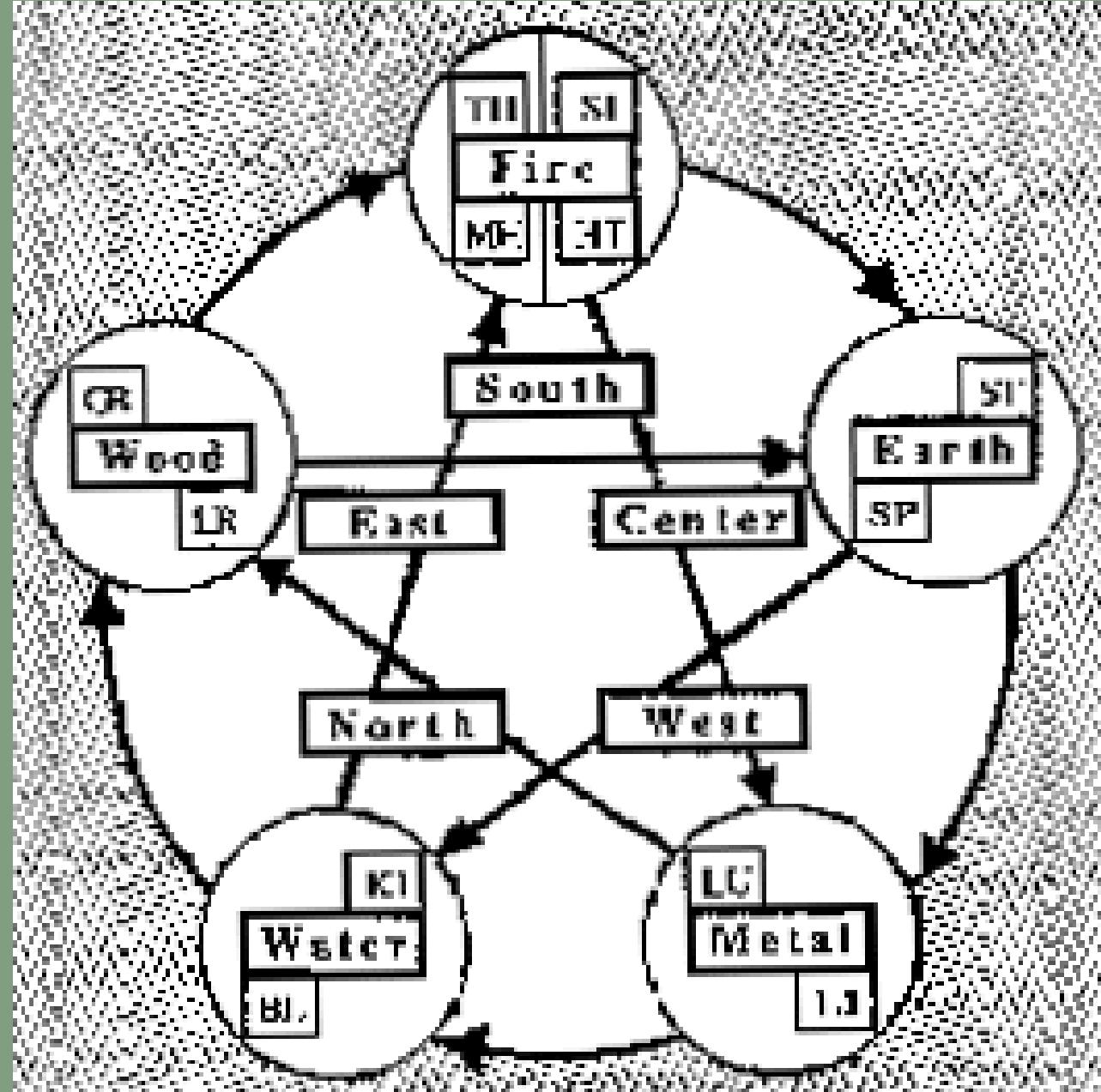
Modern Concepts



- ◆ Endorphin Dependent
- ◆ Monoamine Dependent

- ◆ Nervous System
- ◆ Blood Circulation System
- ◆ Lymphatic System
- ◆ Electromagnetic Bio-information System







Acupuncture Applications

- ◆ Most Useful as Primary
 - Acute
 - Chronic
- ◆ Least Useful as Primary





Acupuncture Side Effects





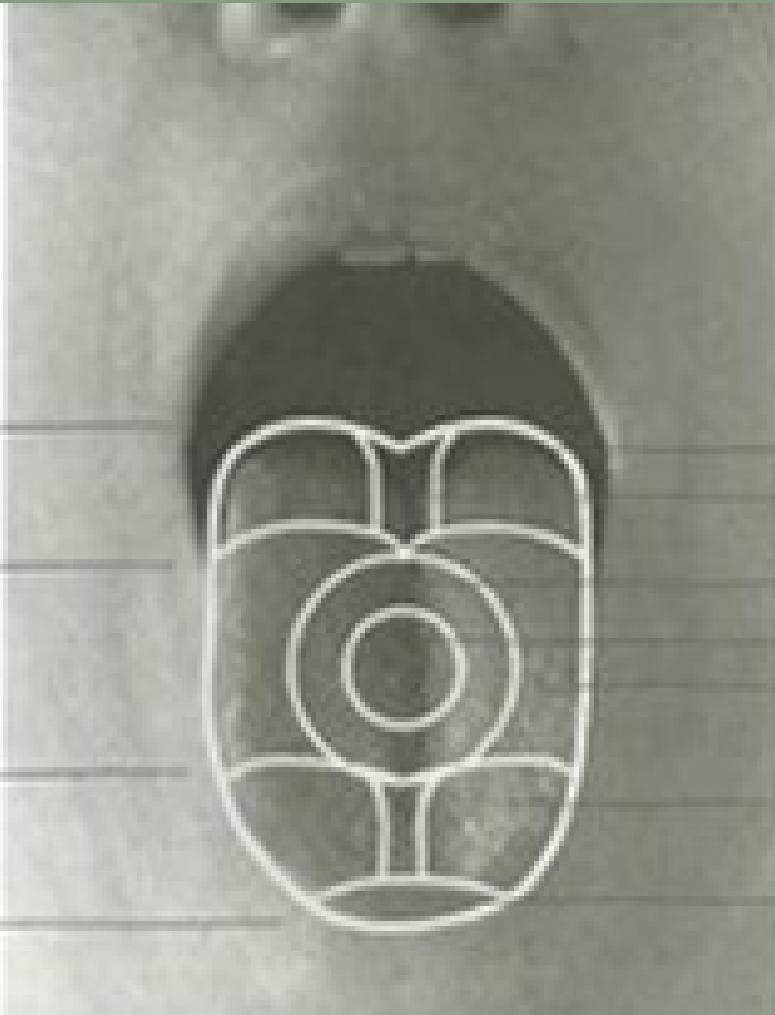
Acupuncture Treatment

- ◆ History
 - Define the problem
 - Define the person
- ◆ Physical Examination
 - Western exam
 - Trigger points
 - Mu and shu points
 - Reflex somatotopic systems

**LOWER
HEATER**

**MIDDLE
HEATER**

**UPPER
HEATER**

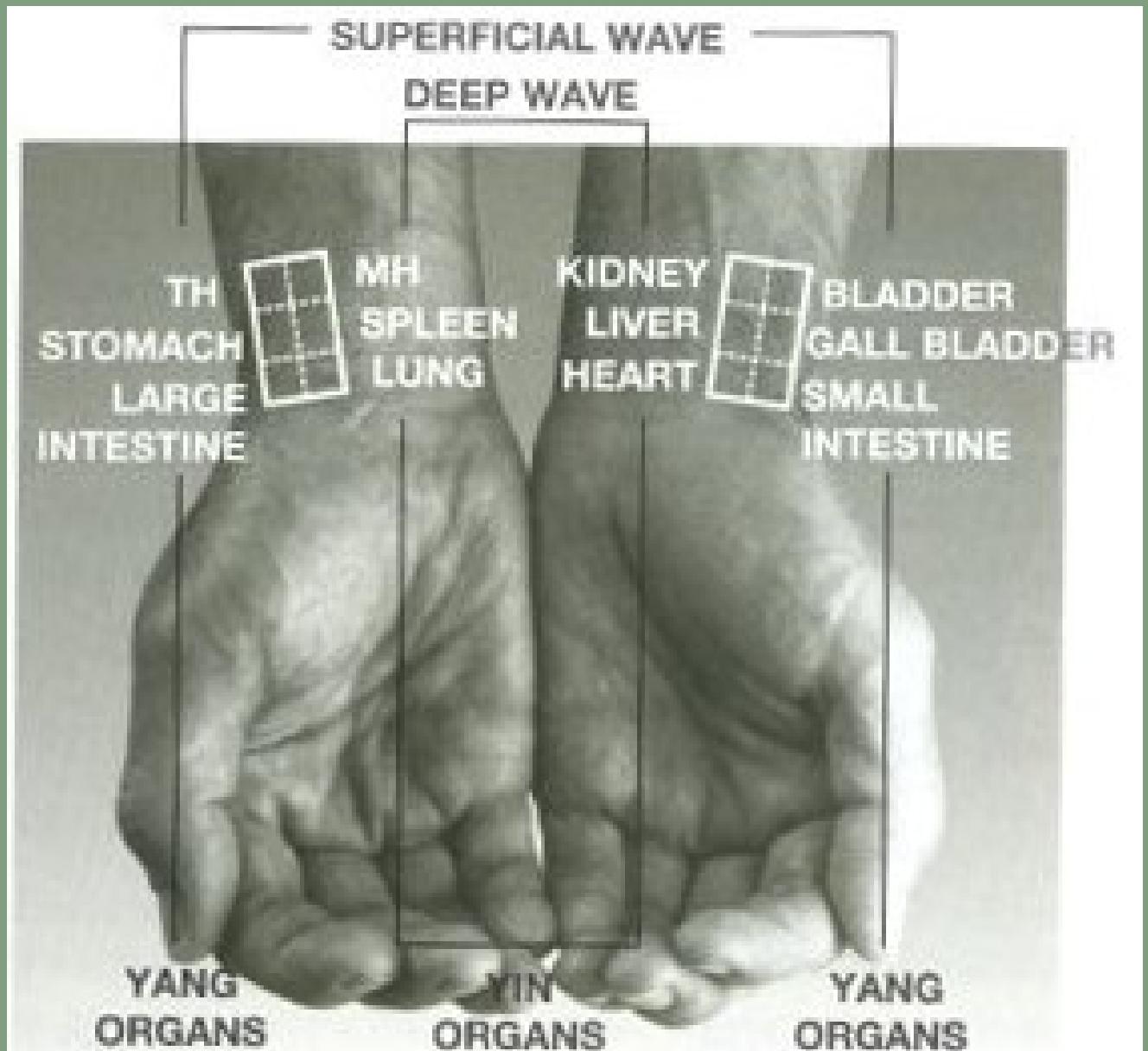


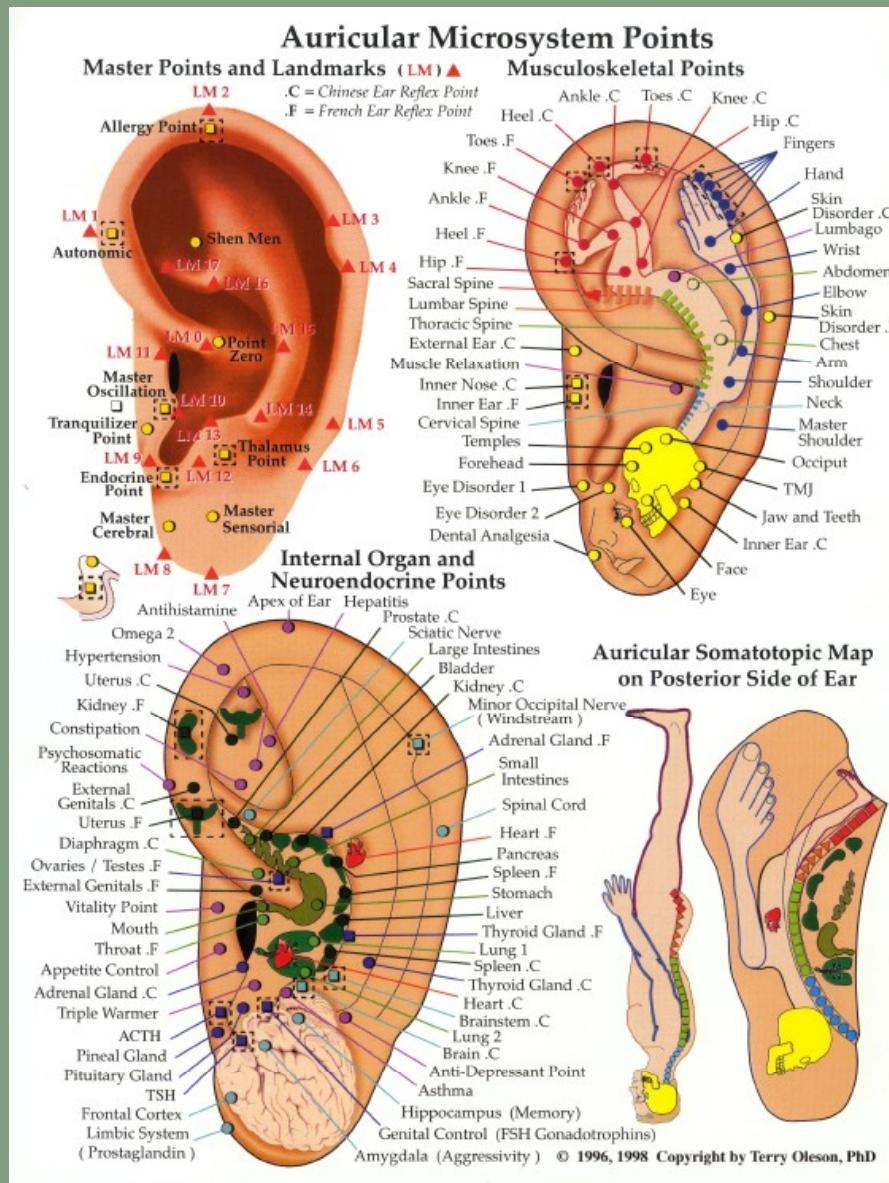
Kidney
Digestive Tract

Spleen
Stomach
Liver and
Gall Bladder

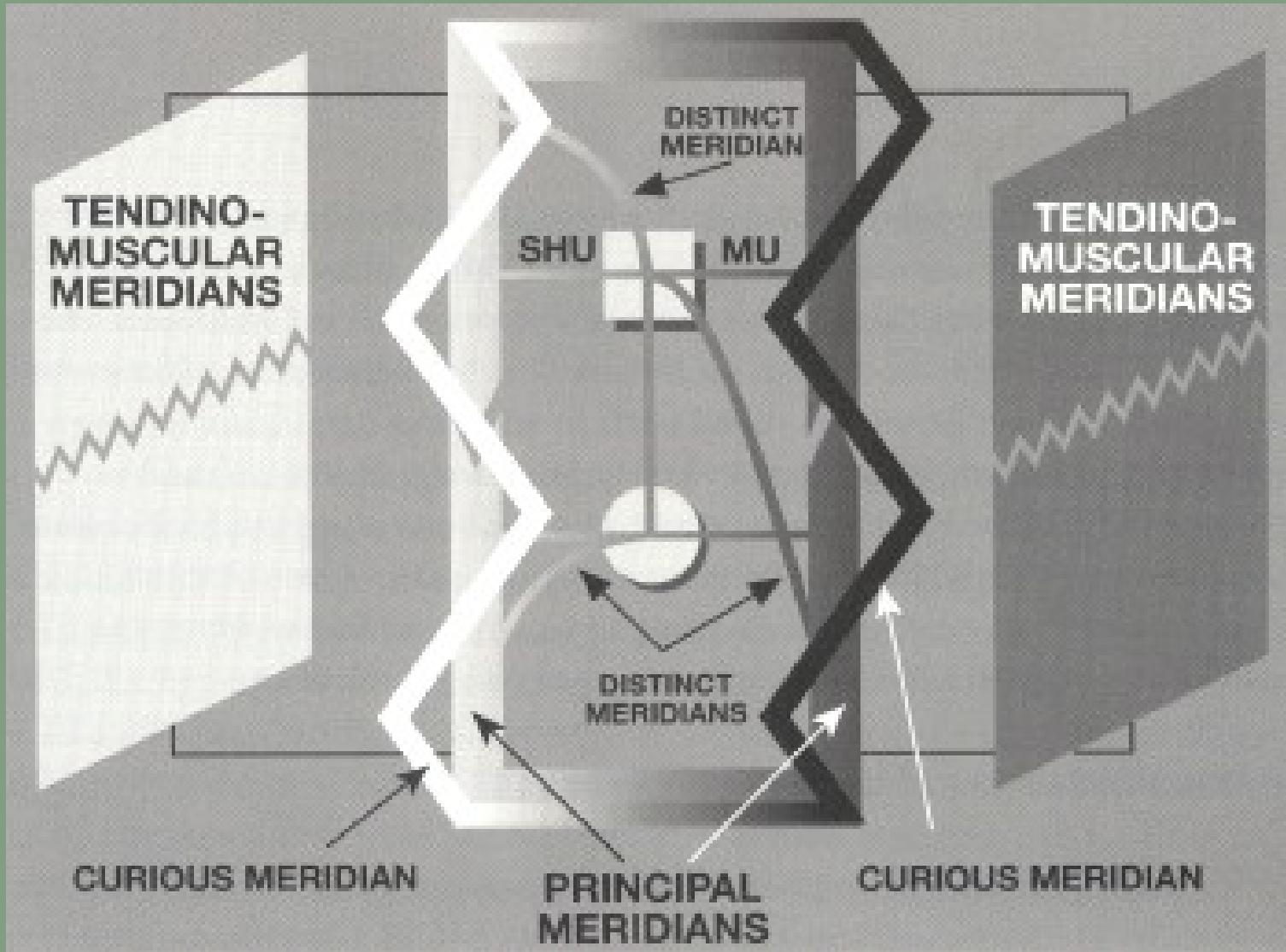
Lung

Heart and
Master of the Heart

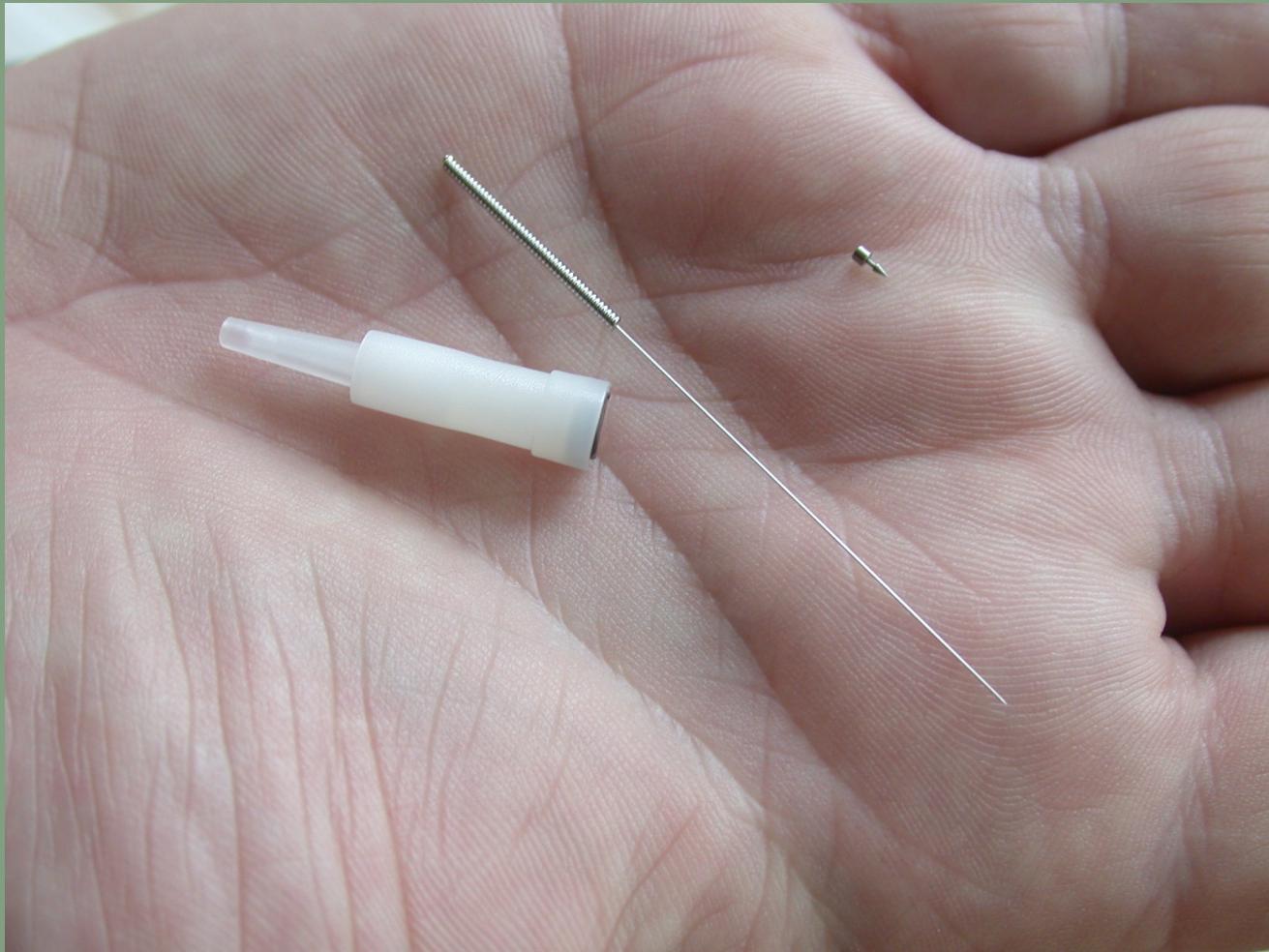




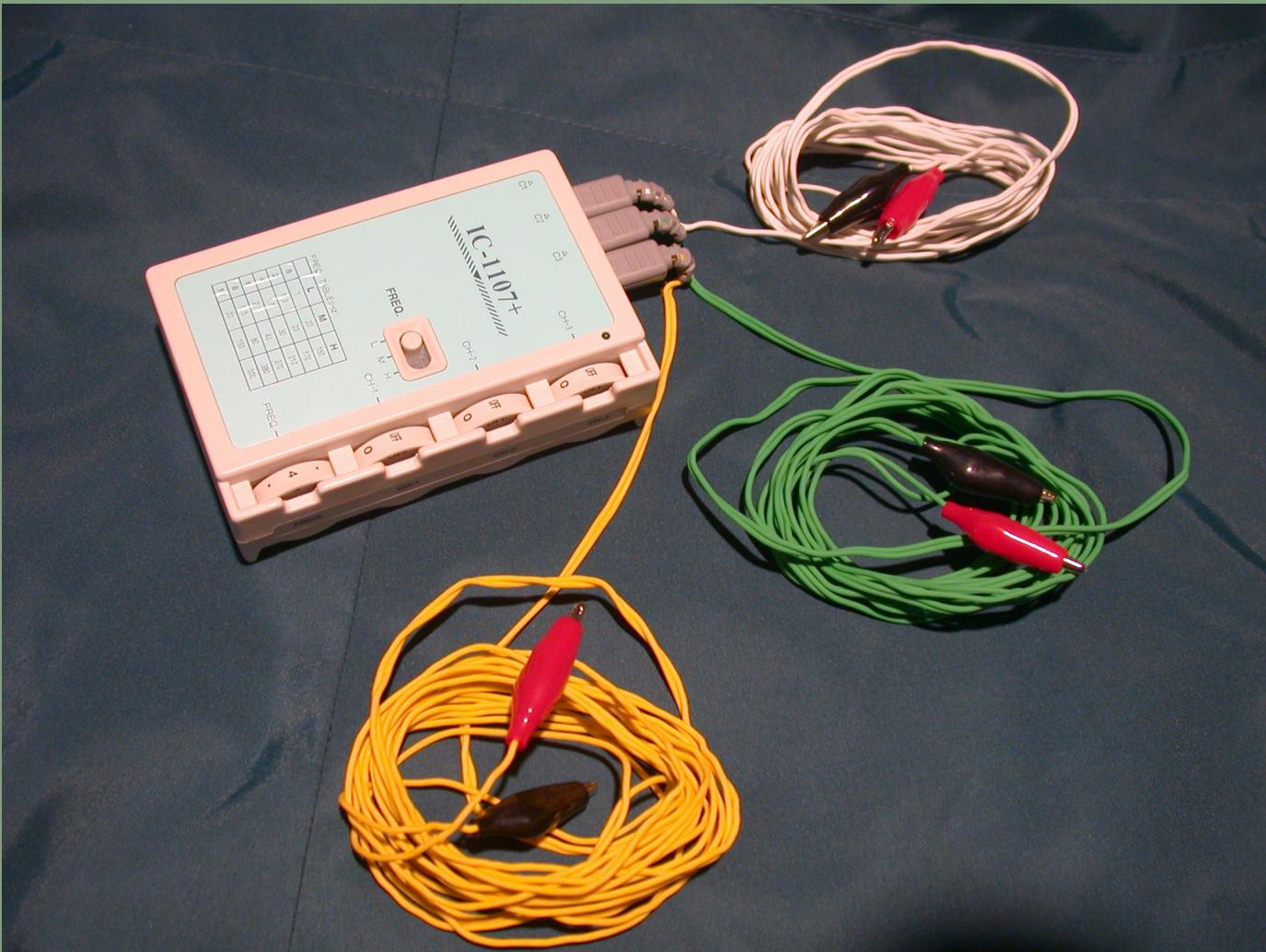
Acupuncture Energetics



Needles



Electrical Stimulation



Additional Modalities





Treatment Length/Scheduling



